

Dynamic Martial Arts

CLASS SCHEDULE

Effective 1/2/2023

Monday & Wednesday

- 4:15-4:45PM - Ninjas Ages 4-5
- 4:45-5:30PM - Ninjas Ages 6-7 White-Yellow Belts
- 5:30-6:15PM - Intermediates Ages 8-12
- 6:15-7:00PM - Beginners Ages 8 & up
- 7:00-7:45PM - Advanced Ages 8 & up
- 7:00-7:45PM Beginner & Intermediate Teens & Adults

Tuesday & Thursday

- 4:15-5:00PM - Beginners Ages 8-12
- 5:00-5:45PM - Intermediates Ages 8-12
- 5:45-6:30PM - Ninjas Ages 6-7 Green Belt & up
- 6:30-7:15PM - Advanced Belts
- 7:15PM-8:00PM - Black Belts

Saturday

- 9:00-9:30AM - Ninjas Ages 4-5
- 9:30-10:15AM - Ninjas Ages 6-7 All Ranks
- 10:15-11:00AM - Beginners Ages 8 & up
- 11:00AM-11:45AM - Intermediate & Advanced, Ages 8 & up

